

COUNTRY LANE SENIORS/ GRAND RESERVE

Our Teammates

Country Lane Office (254) 771-2900
Community Manager Joe Lugo
Assistant Managers Annie & Tori
Maintenance Carrie & Lorenzo
Kitchen-Sherri (254) 931-1290
Beauty Salon-Della (254) 718-8102
Beauty Salon-Heather (254) 534-1444

**WELCOME BACK MIKE MIDDLETON
APRIL 19TH AT 1 PM IN
THE BALLROOM**



April 2024

Self-Care Corner: Sparkle and Shine

Spring cleaning as self-care? Mental health experts say so. Since our surroundings have a huge impact on our outlook, creating a clean, tidy space can banish a bad mood, help us sleep better and even count as cardio. If you need a quick boost, focus on one task such as putting fresh sheets on your bed or organizing a kitchen drawer.


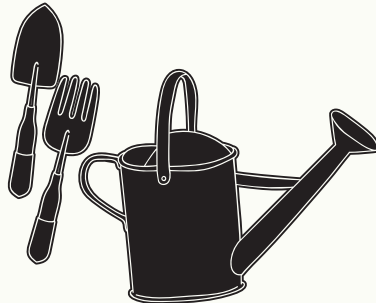






A Day With a Twist

April 26 is National Pretzel Day, a time to celebrate pretzels of all shapes and sizes. If you can't decide which is your favorite, try mixing a variety of different types of pretzels in a big bowl. The best place to celebrate might be Freeport, Ill., which is known as Pretzel City, USA, home of the Billerbeck Bakery pretzel company, founded in 1869. The Freeport High School sports teams are called the Pretzels.



Sunday	Monday	Tuesday
<div>APRIL FOOLS</div> <div>WORLD HEALTH DAY</div> <div>HAPPY BIRTHDAY</div> <div>CLARA HIGGINS</div>	<div>APRIL FOOLS' DAY</div> <div>8:00 VALET TRASH PICKUP</div> <div>10:30 CHAIR EXERCISES</div> <div>1:00-MOVIE - MADEA FAMILY FUNERAL</div> <div>2:30-WII IN BALLROOM</div> <div>4:00-LINE DANCING</div> <div>SOLAR ECLIPSE 1:30 PM</div> <div>HAPPY BIRTHDAY</div> <div>EVANGELINE ALLEN</div> <div>LAVOICE CALHOUN</div> <div>8:00 VALET TRASH PICKUP</div> <div>10:30 CHAIR EXERCISES</div> <div>1:00-MOVIE - IRISH WISH</div> <div>2:30-WII IN BALLROOM</div> <div>4:00-LINE DANCING</div> <div>FINAL FOUR BASKETBALL</div> <div>8:00 VALET TRASH PICKUP</div> <div>10:30 CHAIR EXERCISES</div> <div>1:00-MOVIE - FORGOTTEN LOVE</div> <div>2:30-WII IN BALLROOM</div> <div>4:00-LINE DANCING</div> <div>PASSOVER BEGINS AT SUNDOWN</div> <div>8:00 VALET TRASH PICKUP</div> <div>10:30 CHAIR EXERCISES</div> <div>1:00-MOVIE - THE LIGHT WE CARRY</div> <div>2:30-WII IN BALLROOM</div> <div>4:00-LINE DANCING</div> <div>HAPPY BIRTHDAY</div> <div>CHARLES WESTON</div> <div>8:00 VALET TRASH PICKUP</div> <div>10:30 CHAIR EXERCISES</div> <div>1:00-MOVIE - NYAD</div> <div>2:30-WII IN BALLROOM</div> <div>4:00-LINE DANCING</div>	<div>HAPPY BIRTHDAY</div> <div>CHARLENE BETTENCOURT</div> <div>10:30 SENIOR EXERCISES</div> <div>1:00- MOVIE - HIGH ON THE HOG EPISODE 1-2</div> <div>3:00-BINGO HARBOR HOUSE WITH REBECCA</div> <div>PRIVATE EVENT IN BALLROOM</div> <div>10:30 SENIOR EXERCISES</div> <div>1:00- MOVIE - THE GREAT DEBATERS</div> <div>3:00-BINGO ENHABIT WITH MARSHALL</div> <div>10:30 SENIOR EXERCISES</div> <div>1:00- MOVIE - SHIRLEY</div> <div>3:00-BINGO ENCOMPASS WITH DEANNA</div> <div>HAPPY BIRTHDAY</div> <div>BOB WITTEN</div> <div>10:30 SENIOR EXERCISES</div> <div>1:00- MOVIE - LIVING</div> <div>3:00-BINGO GARDEN ESTATE WITH LISA</div> <div>10:30 SENIOR EXERCISES</div> <div>1:00- MOVIE - SPACEMAN</div> <div>3:00-BINGO GUARDBOX STORAGE WITH CRYSTAL</div>
7	8	9
14	15	16
21	22	23
28	29	30

Wednesday	Thursday	Friday	Saturday
3 PRIVATE EVENT IN BALLROOM 10:30 CHAIR EXERCISE 11:00 BIBLE STUDY 1:00 MOVIE - HIGH ON THE HOG EPISODE 3-4	4 HAPPY BIRTHDAY RITA WEATHERBY 8:00 VALET TRASH PICKUP 10:30 SENIOR EXERCISE 1:00-PAINTING WITH LIBRARY IN CRAFT ROOM 2:00 - UNITED HEALTHCARE TALK WITH DON 3:00 - BINGO WITH DON 1:00 MOVIE - HIGH ON THE HOG SEASON 2 EPISODE 1-2	5 HAPPY BIRTHDAY JUDY PALAMARA MARY LOU RENQUIN 10:30 CHAIR EXERCISES 1:00-MOVIE - HIGH ON THE HOG SEASON 2 EPISODE 3-4 3:00 TRIVIA & TAI CHI WITH AREA AGENCY ROSA	6 
10 10:30 CHAIR EXERCISE 11:00 BIBLE STUDY 1:00 MOVIE - GIFTED HANDS 1:30 HABIT OF HEALTHY PEOPLE WITH HUMANA	11 WORLD PARKINSON'S DAY 8:00 VALET TRASH PICKUP 10:30 SENIOR EXERCISE 1:00 MOVIE - DANCE DREAMS HOT CHOCOLATE NUTCRACKER 2:00 CLASS PHONE 101 HEAVENLY HELPER SONIA	12 10:30 CHAIR EXERCISES 1:00-MOVIE - THE LEGEND OF HERCULES 3:00-BINGO STONEYBROOK WITH SAMANTHA	13 HAPPY BIRTHDAY ALFRED MENDOZA SANDY SABLAN
17 10:30 CHAIR EXERCISE 11:00 BIBLE STUDY 1:00 MOVIE - DANGEROUS LIES 2:30-SHERBET & SPRITE ASPEN WITH ASHLEY	18 8:00 VALET TRASH PICKUP 10:30 SENIOR EXERCISE 1:00 MOVIE - REBECCA 2:00 3:00-MONTHLY BIRTHDAY PARTY & 3:00-4:00 LEFT RIGHT CENTER	19 HAPPY BIRTHDAY KAREN SUMMERS 10:30 CHAIR EXERCISES NO MOVIE TODAY 1:00 WELCOME BACK MIKE MIDDLETON IN BALLROOM WITH LIGHT REFRESHMENTS	20 HAPPY BIRTHDAY RALPH FUENTES DIANE TALBOTT
24 10:30 CHAIR EXERCISE 11:00 BIBLE STUDY 1:00 MOVIE - FEEL THE BEAT 2:00-BINGO CREEKSIDE TERRACE JOELLY	25 8:00 VALET TRASH PICKUP 10:30 SENIOR EXERCISE 12:00-BOOKMOBILE IN BALLROOM 1:00 MOVIE - POMS 3:00-COOKIE SOCIAL OUTREACH HEALTH WITH KILA	26 HAPPY BIRTHDAY SHERYL DOLLENS 10:30 CHAIR EXERCISES 1:00-MOVIE - BEETHOVEN 3:00-BINGO CORNERSTONE WITH TOMMI	27 
			

April 2024



COUNTRY LANE/GRAND RESERVE CAMPUS IS AN INDEPENDENT LIVING COMMUNITY. WE ARE NOT LIABLE OR RESPONSIBLE FOR YOUR ILLNESSES, CARE, ACCIDENTS OR FALLS. TAKE SPECIAL CARE DURING WET AND WINDY WEATHER SEASONS, AS WELL AS IN MAINTENANCE AND CLEANING AREAS.

PLEASE REFER TO YOUR SECURITY GUIDELINES AND NOTICES, AS CRIME CAN HAPPEN ANYWHERE WITH AND WITHOUT POLICE REPORTS.

SMOKING IS STRICTLY PROHIBITED AND IS NOT ALLOWED ANYWHERE ON OUR CAMPUS!

IN CASE OF ANY EMERGENCY, ALWAYS CALL 911. FOR AFTER-HOURS EMERGENCY MAINTENANCE, CALL (254) 771-2900, THEN FOLLOW THE PROMPTS.

NON-EMERGENCY POLICE, CALL (254) 298-5500.

TEMPLE ANIMAL CONTROL, CALL (254) 298-5732.

Even though we love animals, it is our policy and city ordinance that all pets must be on leashes while outside your apartment, except when you are in our pet park. Cats and dogs may not freely roam our property, breezeways, or community at any time. You must clean up after your pet. If accidents happen in our elevators, it is your responsibility to mop up the mess!! If you notice a loose animal, please call animal control to pick up the animal at (254) 298-5500. You may also call 911.