

COUNTRY LANE SENIORS/ GRAND RESERVE

CAPSTONE
REAL ESTATE SERVICES, INC.

Our Teammates

Country Lane Office (254) 771-2900
Beauty Salon–Della (254) 718-8102
Beauty Salon–Sarai (254) 743-8634
Kitchen Sherri (254) 248-4037
General Manager Alan Kougl
Assistant Managers Annie & Tori
Maintenance Carrie and Lorenzo

**WELCOME BACK TOUCH OF CLASS
FEBRUARY 16TH AT 5:00 PM IN THE
BALLROOM WITH LIGHT
REFRESHMENTS**



February 2018

Simple Ways to Spread Kindness

"No act of kindness, no matter how small, is ever wasted," wrote the ancient Greek storyteller Aesop. Random Acts of Kindness Week, the second full week in February, was created to encourage thoughtful gestures toward others. Here are a few ideas to spread joy:

Do you enjoy writing letters? Pen thank-you notes for local police and fire departments or those serving in the military. Make cards for patients at a children's or veterans hospital as a cheerful surprise. Or jot a note to a friend, recalling a favorite moment you shared with them.

Do you like getting compliments? Everyone does, so make a point to say something positive to people you encounter. Wish passersby a good morning or tell someone you like their outfit. Praise a server, nurse or aide for the work they do. A smile and a few kind words can brighten a person's day.

Do you like connecting with younger generations? Get involved with a day care, school or youth organization and read to the youngsters, share stories about your life or teach them a game or skill.

Do animals hold a special place in your heart? Buy or make treats for a friend or family member's pet, or collect and donate food, blankets and toys to an animal shelter.

**COME TO THE OFFICE AND GUESS HOW
MANY CANDIES ARE IN THE JAR. THE
WINNER WILL BE ANNOUNCED ON
VALENTINE'S DAY.**



"The love of God that reaches to wherever a man is, can be entirely rejected. God will not force Himself on anyone against his will. It is your part to believe. It is your part to receive. Nobody else can do it for you."

Billy Graham



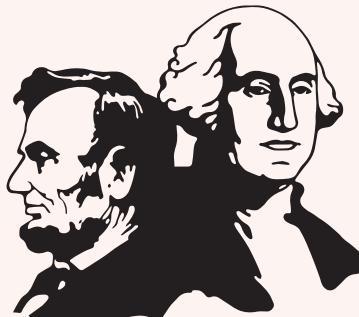
"God's love is unchangeable; He knows exactly what we are and loves us anyway."



Billy Graham
 "The moment we take our last breath on earth we take our first in Heaven."

Billy Graham
 "To get nations back on their feet, we must first get down on our knees."

Billy Graham
 "Wherever the Word of God is hidden or ignored, there will be certain destruction."

Billy Graham
 "Self-centered indulgence, pride, and lack of shame over sin are now emblems of the American lifestyle."

| Sunday | Monday | Tuesday |
|---|---|--|
|  |  |  |
| 4 | 5 | 6 |
| <p><u>DINING ROOM CLOSED</u></p> <p>1:00 COVENANT WORSHIP CHURCH IN DINING ROOM</p> | <p>8:00 VALET TRASH PICKUP 9:00 WALKING EXERCISE 11:30-1:00 LUNCH SERVED</p> <p>1:00 MOVIE – HELLCATS OF THE NAVY 3:00 BINGO AND BLOOD PRESSURE CHECK WITH ENCOMPASS IN BALLROOM</p> | <p>HAPPY BIRTHDAY KATHERINE WISENER</p> <p>10:30 CHAIR EXERCISES</p> <p>11:30-1:00 LUNCH SERVED</p> <p>1:00 MOVIE – DOUBLE WEDDING</p> <p>2:00-CRAFT MEETING 3:00 Wii BOWLING</p> |
| 11 | 12 | 13 |
| <p><u>DINING ROOM CLOSED</u></p> <p>1:00 COVENANT WORSHIP CHURCH IN DINING ROOM</p> | <p>HAPPY BIRTHDAY TEENY VANDEVER</p> <p>8:00 VALET TRASH PICKUP 9:00 WALKING EXERCISE 11:30-1:00 LUNCH SERVED 1:00 MOVIE-PADDINGTON 3:00 BINGO AND BLOOD PRESSURE CHECK WITH ENCOMPASS IN BALLROOM</p> | <p>10:30 CHAIR EXERCISES</p> <p>11:30-1:00 LUNCH SERVED</p> <p>1:00 MOVIE – EVERYTHING, EVERYTHING</p> <p>2:00-CRAFT MEETING 3:00 Wii BOWLING</p> |
| 18 | 19 | 20 |
| <p>HAPPY BIRTHDAY RUTH HALBACH</p> <p><u>DINING ROOM CLOSED</u></p> <p>1:00 COVENANT WORSHIP CHURCH IN DINING ROOM</p> | <p>PRESIDENTS DAY</p> <p>HAPPY BIRTHDAY CARROLL VYBIRAL</p> <p>8:00 VALET TRASH PICKUP 9:00 WALKING EXERCISE 11:30-1:00 LUNCH SERVED 1:00 MOVIE – RETURN TO NIM'S ISLAND 3:00 BINGO AND BLOOD PRESSURE CHECK WITH ENCOMPASS IN BALLROOM</p> | <p>HAPPY BIRTHDAY DORIS GRAY</p> <p>10:30 CHAIR EXERCISES</p> <p>11:30-1:00 LUNCH SERVED</p> <p>1:00 MOVIE – THE ST. TAMMY MIRACLE 2:00-CRAFT MEETING 3:00 Wii BOWLING</p> |
| 25 | 26 | 27 |
| <p>HAPPY BIRTHDAY GLENDA CHAPPELL</p> <p>11:30-1:00 LUNCH SERVED SOUTHERN FRIED CHICKEN, MASHED POTATOES, PEAS & CARROTS, PEACH COBBLER</p> <p>1:00 COVENANT WORSHIP CHURCH IN DINING ROOM 5:00-SING ALONG WITH COVENANT AND SNACKS</p> | <p>8:00 VALET TRASH PICKUP 9:00 WALKING EXERCISE 9:00-10:30 BIBLE STUDY 11:30-1:00 LUNCH SERVED 1:00-MOVIE ALADDIN AND THE DEATH LAMP 3:00-MONTHLY BIRTHDAY PARTY WITH ENCOMPASS IN BALLROOM</p> | <p>HAPPY BIRTHDAY DINA MERRYMAN</p> <p>MARLENE SUVAL</p> <p>10:30 CHAIR EXERCISES 11:30-1:00 LUNCH SERVED 1:00 MOVIE – THE MUSKETEER 2:00-CRAFT MEETING 3:00 Wii BOWLING</p> |

| Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|
|  | <p>7:00-8:00 <u>PRAY MEETING</u> <u>CRAFT ROOM</u> 8:00 VALET TRASH PICKUP</p> <p>9:00-10:30 <u>BREAKFAST</u> <u>PANCAKES</u></p> <p>10:30 CHAIR EXERCISE</p> <p>1:00 <u>MOVIE—</u> <u>THE LOST WEEKEND</u></p> | <p>7:00-8:00 <u>PRAY MEETING</u> 9:00 WALKING EXERCISE <u>DINING ROOM CLOSED</u></p> <p><u>NO MOVIE TODAY</u> 12:00- <u>HOW TO IMPROVE</u> <u>YOUR CREDIT SCORE</u> <u>RAW-CREDIT WITH</u> <u>HOT DOGS SIGN UP</u> 2:30 <u>THERAPY SCREENING</u> <u>TEX-MED PLUS BINGO</u> <u>DINING ROOM</u></p> | <p><u>DINING ROOM CLOSED</u></p> |
| <p>HAPPY BIRTHDAY 7</p> <p><u>DONALD SMITH</u> 9:00 WALKING EXERCISE</p> <p><u>11:30-1:00 LUNCH SERVED</u></p> <p><u>1:00 MOVIE - LOOK WHO'S</u> <u>TALKING NOW</u></p> | <p>HAPPY BIRTHDAY 8</p> <p><u>LORENZO MORMAN</u> 7:00-8:00 <u>PRAY MEETING</u> <u>CRAFT ROOM</u> 8:00 VALET TRASH PICKUP 9:00-10:30 <u>BREAKFAST</u> <u>SCONES</u></p> <p>10:30 CHAIR EXERCISE 1:00 <u>MOVIE—</u> <u>THE PRINCE & ME 4</u></p> | <p>HAPPY BIRTHDAY 9</p> <p><u>JEAN MORRISON</u> <u>JOANNE TYSON</u> 7:00-8:00 <u>PRAY MEETING</u> <u>CRAFT ROOM</u> 9:00 WALKING EXERCISE <u>11:30-1:00 LUNCH SERVED</u> <u>SOUTHERN CATFISH,</u> <u>BEANS, POTATO SALAD,</u> <u>COLESLAW, DESSERT</u> 1:30-BINGO TANGLEWOOD 2:30 <u>MOVIE - LIFE STINKS</u></p> | <p>HAPPY BIRTHDAY 10</p> <p><u>NADINE BURKES</u></p> <p><u>DINING ROOM CLOSED</u></p> |
| <p>ASH WEDNESDAY 14</p> <p><u>HAPPY VALENTINE'S DAY</u></p> <p>9:00 WALKING EXERCISE <u>10:30- BOOKMOBILE</u></p> <p><u>11:30-1:00 LUNCH SERVED</u></p> <p><u>1:00 MOVIE - THE NOTE 3</u></p> | <p>15</p> <p>7:00-8:00 <u>PRAY MEETING</u> <u>CRAFT ROOM</u> 8:00 VALET TRASH PICKUP 9:00-10:30 <u>BREAKFAST</u> <u>CINNAMON ROLLS</u> 10:30 CHAIR EXERCISE 1:00 <u>MOVIE—</u> <u>MIDNIGHT BAYOU</u> 2:30-<u>MIRACLE EAR JON</u></p> | <p>HAPPY BIRTHDAY 16</p> <p><u>LELA WINTON</u> <u>NORA SMITH</u> 7:00-8:00 <u>PRAY MEETING</u> <u>CRAFT ROOM</u> 9:00 WALKING EXERCISE <u>DINING ROOM CLOSED</u> <u>NO MOVIE TODAY</u> 5:00-<u>TOUCH OF CLASS</u> <u>WITH LIGHT SNACKS</u> <u>IN BALLROOM</u></p> | <p>17</p> <p><u>DINING ROOM CLOSED</u></p> |
| <p>21</p> <p>9:00 WALKING EXERCISE</p> <p>10:45-EAT HEART HEALTHY MARVA COFFEE SHOP PRIZE</p> <p><u>11:30-1:00 LUNCH SERVED</u></p> <p><u>1:00 MOVIE - CHAMPION</u></p> | <p>22</p> <p>7:00-8:00 <u>PRAY MEETING</u> <u>CRAFT ROOM</u> 8:00 VALET TRASH PICKUP 9:00-10:30 <u>BREAKFAST</u> <u>FRUIT TURNOVERS</u> 10:30 CHAIR EXERCISE 11:00-<u>BANKING QUESTION</u> <u>ASK FIRST CONVENIENCE</u> <u>IN COFFEE SHOP</u> 1:00 <u>MOVIE—DAYLIGHT</u></p> | <p>HAPPY BIRTHDAY 23</p> <p><u>BILL BURKES</u> 7:00-8:00 <u>PRAY MEETING</u> <u>CRAFT ROOM</u> 9:00 WALKING EXERCISE <u>11:30-1:00 LUNCH SERVED</u> <u>NO MOVIE TODAY</u> 2:00- <u>FRAUD PREVENTION</u> <u>TEMPLE POLICE DEPT.</u></p> | <p>HAPPY BIRTHDAY 24</p> <p><u>CYNTHIA FOGLE</u></p> <p><u>MARIA RANGEL DE</u> <u>GUARDIOLA</u></p> <p><u>DINING ROOM CLOSED</u></p> |
| <p>28</p> <p>9:00 WALKING EXERCISE</p> <p><u>11:30-1:00 LUNCH SERVED</u> <u>CHEF SPECIAL</u></p> <p><u>1:00 MOVIE -THE</u> <u>PATHFINDER</u> <u>3:00 MIX AND MINGLE</u> <u>ENCOMPASS HOME HEALTH</u> <u>KASEY SNACKS</u></p> | <p>{February}</p> <p>American Heart month www.Heart.org</p> |  | <p><i>Celebrate</i> BLACK HISTORY <i>Month</i></p> |

February 2018



Happy Valentine's Day

HAVE A SWEET HOLIDAY FILLED WITH LOVE!



COUNTRY LANE/GRAND RESERVE CAMPUS IS AN INDEPENDENT LIVING COMMUNITY. WE ARE NOT LIABLE OR RESPONSIBLE FOR YOUR ILLNESSES, CARE, ACCIDENTS OR FALLS. TAKE SPECIAL CARE DURING WET AND WINDY WEATHER SEASONS, AS WELL AS IN MAINTENANCE AND CLEANING AREAS.

AS A COURTESY, WE KEEP AN INCIDENT NOTIFICATION BINDER IN THE OFFICE TO INFORM YOU OF CRIMES THAT HAVE HAPPENED. DURING THIS PERIOD (DEC 14.-JAN 14.), NO POLICE REPORT WAS REPORTED TO OUR OFFICE. PLEASE REFER TO YOUR SECURITY GUIDELINES, AS CRIME HAPPENS EVERYWHERE, WITH AND WITHOUT POLICE REPORTS.

SMOKING IS STRICTLY PROHIBITED AND IS NOT ALLOWED ANYWHERE ON OUR CAMPUS!

IN CASE OF ANY EMERGENCY, ALWAYS CALL 911.

FOR AFTER-HOURS EMERGENCY MAINTENANCE, CALL (254) 771-2900, PRESS 3.

NONEMERGENCY POLICE, CALL (254) 298-5500.

TEMPLE ANIMAL CONTROL, CALL (254) 298-5732.

Even though we love animals, it is our policy that all pets must be on leashes while outside, except when you are in our pet park. Cats and dogs may not freely roam our property or breezeways at any time. You must clean up after your pet potties. If accidents happen in our elevators, it is your responsibility to mop up the mess!! If you notice a loose animal, please call animal control to pick up the pet at (254) 298-5500. You may also call 911.